

# TRAINING

## Southend SENDIASS

Confidential and impartial information, advice, and support service on Special Educational Needs and Disability (SEND) issues. Free training about SEND in education, health and social care is delivered to children and young people with SEND, their parent carers and a range of professionals.

[www.sendiasssouthend.co.uk/](http://www.sendiasssouthend.co.uk/)  
[www.facebook.com/sendiasssouthend](https://www.facebook.com/sendiasssouthend)

## IPSEA

IPSEA offers free and independent, legally based information, advice and support to help get the proper education for children and young people with all kinds of special educational needs and disabilities (SEND).

We also provide training on the SEND legal framework to parents and carers, professionals and other organisations.

[www.ipsea.org.uk/Pages/FAQs/Category/parent-and-carer-online-training](http://www.ipsea.org.uk/Pages/FAQs/Category/parent-and-carer-online-training)

[www.facebook.com/IPSEAcharity](https://www.facebook.com/IPSEAcharity)



## A Better Start

A partnership of local organisations who have years of experience working with families and young children. We focus on three specific areas of a child's development; Diet and Nutrition, Social and Emotional Development and Communication and Language. From Work Skills Industry Visits for job-seeking parents to tailored Let's Talk sessions for babies and young children, we have a range of different events for parents and children under 4 in the A Better Start Southend areas.

[www.abetterstartsouthend.co.uk/](http://www.abetterstartsouthend.co.uk/)  
[www.facebook.com/abetterstartsouthend](https://www.facebook.com/abetterstartsouthend)

## Southend SEND Independent Forum (SSIF)

The official Southend SEND parent and carer forum also runs webinars on various SEND topics for parents and carers.

[www.southendsendindependentforum.co.uk/](http://www.southendsendindependentforum.co.uk/)  
[www.facebook.com/TheSSIF](https://www.facebook.com/TheSSIF)

## Trustlinks

A South East Essex (Southend, Rochford, Castle Point) Mental Health Charity. They run a wide range of courses, workshops and activities to help you better understand your mental health and learn strategies to manage your mental health. If you are struggling with anxiety, depression, low mood or a similar mental health condition, the REACH team can support you on your road to recovery. You can now access many REACH Recovery College workshops, courses and activities online. Access their courses and groups via the Zoom meeting app.

### Sunshine Support

They provide independent information, advice and support to parents/carers and professionals of children and young people with special educational needs. With their network of highly specialised experts in different SEND areas, they host webinars and training courses.

[www.sunshine-support.org/](http://www.sunshine-support.org/)  
[www.facebook.com/SunshineSupportCIC](https://www.facebook.com/SunshineSupportCIC)

### Early Help Team

The Early Help Team and EPUT both provide different courses for parents based on the family's needs. To discuss what courses may be relevant or available to you, contact The Early Help Team at:  
[earlyhelpcontactpoint@southend.gov.uk](mailto:earlyhelpcontactpoint@southend.gov.uk)

### The SEND Group

Developing and delivering personalised continuing professional development for the special education needs and disability community. Bringing together profiled presenters in their respective fields to provide informative awareness sessions in the areas SEND.

[www.sendgroup.co.uk/](http://www.sendgroup.co.uk/)

### SNAP Charity (Brentwood)

SNAP aims to inform, encourage and support parents to grow in strength and knowledge and become better equipped to give the best possible help to their children.

Snap organises a unique and diverse calendar of specialist talks and events for parents and professionals. These include large presentations, workshops aimed at parents of children with particular difficulties or to help with a specific issue, and parent courses of more than one session, focusing on a particular diagnosis or issue.

[www.snapcharity.org/](http://www.snapcharity.org/)  
[www.facebook.com/SnapCharity](https://www.facebook.com/SnapCharity)  
Tel: 01277 211300

### The VCB Project (Violent and Challenging/Controlling Behaviour)

Yvonne Newbold is a specialist in VCB and hosts webinars and workshops on different aspects of raising a child with VCB and how to help the whole family thrive.

[www.yvonnnewbold.com/resources-on-send-vcb/](http://www.yvonnnewbold.com/resources-on-send-vcb/)  
[www.facebook.com/](https://www.facebook.com/TheSENDVCBProject/?ref=page_internal)  
[TheSENDVCBProject/?ref=page\\_internal](https://www.facebook.com/TheSENDVCBProject/?ref=page_internal)